

Coventry School Nursing Newsletter

Winter 2021/2022



Fireworks & BONFIRE Safety Information

At this time of the year we tend to see & hear more fireworks in the evenings. It is becoming quite popular to set off fireworks during Halloween parties, as well as on more expected occasions this season, such as; Bonfire Night, Diwali, New Year's Eve & Chinese New Year. Though fireworks & bonfires can be exciting & enjoyable, when the safety measures involving using them are not followed, there can be serious & at times life threatening accidents. Sadly lots of these accidents involve children. Keep reading as we have provided, some links for you to look at for information & outlined some of the key points to remember, to help you enjoy fireworks & bonfires safely this season.

POINTS TO REMEMBER ABOUT FIREWORK SAFETY:

- ⇒ To only buy fireworks that carry the CE or UKCA labels & look like they've not been tampered with. Some shops and supermarkets no longer sell fireworks because of the risks of harm. However you can search online for local firework display events near you.
- ⇒ Plan displays safely - make sure fireworks are lit as per instructions, away from people, especially children & away from pets/animals who are unable to respond to dangerous situations as quickly as adults.
- ⇒ Keep pets inside, provide them with plenty of extra bedding/padding. Some people find weighted blankets useful & you can put the radio or TV on for them for background noise too.
- ⇒ Light fireworks away from you (about arm's length away), light them one at a time & ensure they are not stored in a flammable container, such as a cardboard box.
- ⇒ DO NOT RETURN to fireworks that have already been lit!
- ⇒ Use a torch to read the instructions or to see what you are doing NOT a match or lighter!
- ⇒ Do not smoke near fireworks or leave fireworks near fires.
- ⇒ Do not throw fireworks or sparklers, in the street, towards people & pets/animals, or on fires or in the air — even if you think they are spent.
- ⇒ Do not keep fireworks in your pockets.
- ⇒ Wear gloves when lighting & using sparklers & light them one at a time.
- ⇒ Be respectful & remember that you MUST NOT set off fireworks between 11pm-7am, you can be fined and prosecuted! The exception to this rule is; on Bonfire night when you can light them till midnight & New Year's Eve, Diwali & Chinese New Year, when the cut off is 1am.
- ⇒ Spent firework cases must be gathered—make sure you look for used fireworks with a torch, douse them with water & use tongs or some other suitable tools if you need to or wear strong gloves. Don't allow any children to collect firework cases.
- ⇒ If any fireworks look as if they haven't gone off after at least half an hour, douse them in a bucket of water & ask the Fire and Rescue Service for advice.

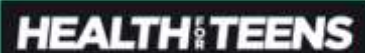


 <https://www.facebook.com/coventryfamilyhealthandlifestyleservice/>

 @CoventryFHLS

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Fireworks & BONFIRE Safety Information Continued...



POINTS TO REMEMBER ABOUT BONFIRE SAFETY:

- ⇒ Plan your Bonfires — make sure they set up away from fireworks & other flammable items as well as buildings & trees & that you have buckets of water nearby to douse the bonfires out.
- ⇒ Make sure there are no children or animals/pets hiding in the bonfire before you start.
- ⇒ Don't use flammable liquids like paraffin or petrol on your fires & don't burn dangerous rubbish (e.g. aerosols, paint tins or foam-filled furniture) as these can cause explosions & the fires can get out of control!
- ⇒ Never put fireworks or sparklers on a bonfire, even if they're dud.
- ⇒ Don't leave fires unattended & make sure the fire is completely out before leaving it.



**REMEMBER TO:
HAVE FUN SAFELY!**

Would you know what to do if your clothes caught fire?

If your clothes catch fire, your gut may tell you to run for help in a panic BUT what you should do is:

STOP what you are doing, **DROP** to the ground & cover your face with your hands & **ROLL** over & over till the flames are out. Then call for help if needed.

Stop.



Drop.



Roll.



[Image credit: National Fire Prevention Agency via: <https://www.capt.org.uk/stop-drop-and-roll>]

Take a look at the following links for more information: <https://www.gov.uk/fireworks-the-law> — for more information about fireworks and the law

<https://www.rospa.com/home-safety/advice/fireworks-safety> & <https://www.capt.org.uk/Pages/Site/firework-safety/Category/fireworks-knowledge> — firework/bonfire safety from the Royal Society for the Prevention of Accidents

<https://www.britishfireworksassociation.co.uk/firework-advice-for-consumers/> — firework safety with a video for children from the British Firework Association. The video is on YouTube too, click the link below to see the video directly: <https://youtu.be/Dp2pKXF4yEw>

<https://www.fireservice.co.uk/safety/bonfires/> - Fire Service UK site Bonfire safety information

Would you know what to do if you got burnt?

Getting burns under cool running water as soon as you can, makes a significant difference in the recovery of burns. It is the best thing you can do to help yourself.

COOL the burn for 20 minutes under cool running water, doesn't need to be freezing.

CALL for help for any burn bigger than a 50p coin: 999, NHS 111 or your GP.

COVER the burn loosely with cling film or a clean, non-fluffy dressing or cloth.



[Image credit: <https://www.capt.org.uk/first-aid-for-burns-and-scalds>]

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Health
for Kids!

HEALTH FOR TEENS

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