

Coventry School Nursing Newsletter

May — June 2022

Reminder about summer time safety

Now that the weather is getting warmer and we will be spending more time outside we just wanted to remind you about being safe outdoors.

Take a look at the link below, which will take you to our previous newsletter, on our Health for Kids site reminding you of our top tips for sun safety and safety from poisoning :

<https://www.healthforkids.co.uk/coventry/coventry-school-nursing-summer-newsletter-2021/>

On the subject of safety, check out the FREE family event taking place on Wednesday 01st June 2022 — details on the last page of the newsletter!



Barbecue Safety



According to ROSPA (The Royal Society for the Prevention of Accidents) in 2002 it was estimated that 1,800 people visited A&E in the UK due to a barbecue related accident.

This involved burns and scalds and cuts due to sharp equipment.

Follow the below safety tips to ensure you and your family can enjoy your barbecues safely:

- ⇒ Check your barbecue is in working order before you light it — check for loose or damaged parts that may need repairing or replacing before use.
- ⇒ Check the location — make sure the barbecue is on level ground, away from fences or hanging trees/plants and washing lines and never light a barbecue in an enclosed space like a shed.
- ⇒ Never leave children unsupervised near barbecues — even unlit barbecues may have sharp and dangerous edges.
- ⇒ Do not pour petrol, meths or other accelerants on a barbecue — this is the biggest cause of explosions.
- ⇒ Do not leave a barbecue until it is fully extinguished. Remember the barbecue itself will get hot, so only move it once it has cooled down.
- ⇒ Use long handled tools — to prevent burning.

For more information follow this link:

<https://www.rospa.com/home-safety/advice/general/barbecue-safety>



CONTACT US

HEALTH FOR TEENS

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Charter School Nurse Team:

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Useful Resources! *Take a look at these links which may be of help to you, your School, families, primary and secondary school children:*

See links throughout the newsletter regarding; support with energy bills, vaccinations, healthy eating and the food scanner app and barbecue safety.

Additional support:

For Coventry based support service — <https://cwmind.org.uk/autism-support-service/>

<https://www.daisychainproject.co.uk/>

<https://www.autism.org.uk/>

For advice and support during these uncertain times you can visit some of the following websites for more information and support on your mental health and wellbeing:

<https://www.healthforteens.co.uk/coventry/looking-for-support-for-your-emotional-wellbeing/>

<https://www.nhs.uk/oneyou/every-mind-matters> <https://cwrise.com/> <https://ben.org.uk/> <https://www.youngminds.org.uk/> <https://www.rethink.org/> www.mind.org.uk/

Parents can apply for a sunshine lanyard for children with a hidden disability. This means they do not have to wait in queues and can go straight in. Click here/visit site to order one:

<https://hiddendisabilitiesstore.com/?SID=5ebe5860eca442d46ed981c2a4d6e0d2>



We are here for you!

We understand that coming to meet children, young people and their families in school can be a challenge at the moment but you can still get in touch with us using our chat services. The School Nursing team work in the school holidays too!

If you are a parent - Text us on 07507 329 114

If you are aged 11-18 - Text us on 07507 331 949

Remember parents/carers and children can visit the Health for Kids! website for health advice, resources and games! www.healthforkids.co.uk



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FREE Event

Children & Families Event

1 June • 10am - 2pm • Broadgate

Brought to you by the Early Help Partnership

There will be Health Visitors, Family Hub Workers, Police and West Midlands Fire Service all offering free advice on keeping children safe in the home ahead of National Child Safety Week 2022

- Freebies
- Lots of activities
- Fire Engine on the day!




WEST MIDLANDS FIRE SERVICE



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