

COVENTRY

SCHOOL NURSING NEWSLETTER



Primary Schools

Reception Class Hearing Screening

The School Nursing team offers hearing screening for all Reception class pupils. These are carried out as clinics at different locations in the city (see next page for dates and locations). Parents/carers can get in touch with the School Nursing team on one of our contact numbers or email addresses below to book a test.

When you call or email please provide the following details:

- Full name of child
- D.O.B of child
- School child attends
- Preferred clinic location and date

Our upcoming dates and locations are:

- Wednesday 17th May 2023 – Mosaic Hub
- Tuesday 30th May 2023 – Moat Hub
- Wednesday 31st May 2023 – Pathways Hub
- Thursday 8th June 2023 – Families For All (Foleshill) Hub
- Thursday 22nd June 2023 – Wood Side Hub
- Monday 3rd July 2023 – Moat Hub
- Friday 21st July 2023 – Aspire Hub

Please note: If you have concerns about an older child/children's hearing, you can call the Central Booking number to make an appointment with the Audiology department on: 0300 200 0011.

HAY FEVER

The pollen count is usually highest between March and September, especially when it is warm, humid and windy.

Symptoms of hay fever and how severe they can be, will vary from person to person. Some of them include:

- sneezing and coughing
- a runny or blocked nose
- itchy, red or watery eyes
- itchy throat, mouth, nose and ears



For more information and to see ways you can help yourself follow the links below:

NHS – Hay fever

<https://www.nhs.uk/conditions/hay-fever/>

NHS – Asthma

<https://www.nhs.uk/conditions/asthma/causes/>



WATER SAFETY

With summer approaching and hopefully warmer weather, we would like to remind parents and children of some key points to remember when playing in the water this spring/summer.



- Never leave children unattended while in a paddling/swimming pool/hot tub or the sea. Or near ponds/lakes/canals.
- Always empty water from the paddling pool once you have finished with it, or if you have a larger pool remove/block access.
- Look for beaches with lifeguards and never take your eyes off a child playing in the sea.



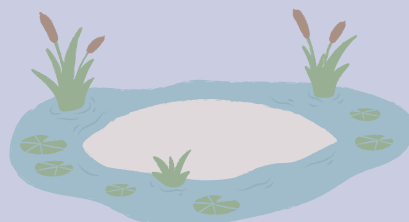
Water safety is a huge topic, so for more information visit the trusted websites below:

Child Accident Prevention Trust

<https://capt.org.uk/drowning/>

The RNLI – The Royal National Lifeboat

<https://rnli.org/safety>



Contact Us

Moat House School Nurse Team:

01926 495321 Ext 7494

Swg-tr.MoatHouseSchoolNursing@nhs.net

07507 329 114 (Parent Line)

Charter Avenue School Nurse Team:

01926 495321 Ext 7417

Swg-tr.CharterAvenueSchoolNursing@nhs.net

[Coventry School Nursing Team](#)

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Parent Information Sessions

The School Nursing team are continuing to offer free online Parent Information Sessions for the following areas of concern; toileting, sleep, eating, behaviour & anxiety.

To book a session, please scan the QR codes on the right, using the camera function on your mobile phone/device. Not all phones/devices are compatible with this feature so you can follow the links instead (also provided).

New dates are added regularly so please keep checking for available sessions!

Understanding Anxiety Session



https://forms.office.com/r/EJEpY_uFMwF

Challenges in Behaviour Session



https://forms.office.com/r/nzcp_mvnCsU

Toileting Session



https://forms.office.com/r/TeGKv_c23FV

Challenges in Eating Session



<https://forms.office.com/r/mHcBLCW5JT>

If you need any further assistance please contact us (see our contact details in the footer)

Useful Resources

Don't forget to check out the links throughout this newsletter for more information and support! Please see more resources below/on page 6 which may be of help to you, your families and/or school:



Does your child have a hidden disability?

Parents can apply for a sunflower lanyard for children with a hidden disability. Some cafes/attractions/restaurants etc. recognise the sunflower and offer support, this could include priority access etc.

Click here/visit site to order one: <https://hiddendisabilitiesstore.com/uk/>

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HELLO! Meet the team

So you get to know a little bit more about us, in every issue of the newsletter we showcase members of our team. This term we would like to introduce you to, Amanda Coombes, School Nurse and mentor to those studying to be a Specialist Community Public Health Nurse (SCPHN).



Amanda Coombes
School Nurse and
Mentor

My name is Amanda I have worked as a nurse for over 30 years and feel privileged that 19 of those years have been spent in School Nursing. In 2017 I was proud to qualify as a Specialist Community Public Health Nurse (SCPHN) in School Nursing.

The best part of my role is meeting children and young people and promoting health and wellbeing. I also enjoy my role of supervising SCPHN Students and always feel so proud when they qualify as a School Nurse. I feel lucky to be working with such a supportive team.

Outside of work I like nothing more than spending time with my family and friends and long walks with my little dog.



Autism Support
www.daisychainproject.co.uk
www.autism.org.uk
Coventry Action For Autism Group (CAFAG)
<https://www.facebook.com/profile.php?id=100064488557805>



Financial Support
If you are struggling financially due to the increasing cost of living, please check out these websites for reliable support and advice.
www.coventry.gov.uk/cost-living-wellbeing-support
<https://actonenergy.org.uk>
<https://covadvice.org.uk/cost-of-living-crisis/>

A reminder of useful resources for children's mental health:
Place2Be
<https://www.place2be.org.uk/>
NHS - Every Mind Matters
<https://www.nhs.uk/every-mind-matters/supporting-others/childrens-mental-health/#top-tips>
Young Minds
<https://www.youngminds.org.uk/RISE/CAMHS>
www.cwrise.com

Coventry Holiday Activities and Food Programme

Have you heard about the Coventry Holiday Activities and Food (HAF) programme ran by Coventry City Council? HAF provides free activities, experiences and food for eligible children and young people during the school holidays. HAF also provides information to support families, with the cost of living and food help for families. Their next activities will start in the summer school holidays (Wednesday 26th July to Friday 1st September 2023). To find out more about what they have to offer families visit: www.coventry.gov.uk/haf

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