

# COVENTRY

## SCHOOL NURSING NEWSLETTER



A big welcome to the autumn 2023 term! We hope you had a lovely summer and have settled into the back-to-school (or, for some of you, new to school) routine.

We look forward to seeing you all this term, whether this is for the National Child Measurement Programme (NCMP), Reception Children's hearing screening or an appointment we have arranged together.

Remember the school nursing service works all year round, Monday to Friday, excluding public and bank holidays.

You can contact us on the details below;

**Moat House School Nurse Team:**

**01926 495321 Ext 7494**

**Charter School Nurse Team:**

**01926 495321 Ext 7417**

Alternatively, you can message us on our

**ChatHealth text service: 07507 329 114**

(Parent Line).



We are not an emergency service. If your concern is urgent, please call

**999 or 111.**

**Thank you.**

### IT'S TIME TO CATCH IT, BIN IT, KILL IT!

Alongside the cooler weather, you can expect this season to bring more cold/flu outbreaks, and other bugs, such as Norovirus. With that in mind, we wanted to remind everyone of the importance of using good handwashing techniques and to catch it, bin it, kill it!

Remember to wash your hands after blowing your nose, sneezing and/or coughing to help stop the spread of germs!

To watch a video reminding you of a good handwashing technique follow the link below:

<https://www.nhs.uk/live-well/best-way-to-wash-your-hands/>

**CATCH IT**  
Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.

**BIN IT**  
Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.

**KILL IT**  
Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.

**NHS**



### Primary Schools

## WHO WE ARE

Here's a reminder of what the School Nursing team can support you with:

- Toileting
- Sleep
- Challenges with eating and diet
- Delivering the NCMP for Reception and Year 6 pupils
- Puberty
- Emotional health and how to relax
- Managing behaviour
- Hygiene

### Confidentiality

Whilst we offer confidentiality, the School Nursing Team work in partnership with other agencies, where information may need to be shared in the best interest of your child.

### Consent

The School Nurse Team will obtain consent from parents and carers before supporting children and young people. In secondary schools, young people can access the School Nurse independently for advice and support without parental consent. However, we always encourage young people to speak with their parent/carer.



Check out our Health for Kids website for health advice to help your children grow and flourish.

[www.healthforkids.co.uk/coventry/](http://www.healthforkids.co.uk/coventry/)

### Contact Us

**Moat House School Nurse Team:**

01926 495321 Ext 7494

[Swg-tr.MoatHouseSchoolNursing@nhs.net](mailto:Swg-tr.MoatHouseSchoolNursing@nhs.net)



**07507 329 114 (Parent Line)**

**Charter Avenue School Nurse Team:**

01926 495321 Ext 7417

[Swg-tr.CharterAvenueSchoolNursing@nhs.net](mailto:Swg-tr.CharterAvenueSchoolNursing@nhs.net)



[Coventry School](#)

[Nursing Team](#)



[COVSCHOOLNURSES](#)