



A FUN FILLED FAMILY DAY OF INTERACTIVE & INSPIRING ACTIVITIES, PERFORMANCES & STALLS TO EMPOWER CHILDREN TO BUILD POSITIVE MENTAL HEALTH



SATURDAY 1ST JULY 2023

10AM TO 4PM

NOTTINGHAM RACECOURSE



In partnership with
**Your Health
Your Way**



EMPOWERING CHILDREN TO FLY

FAMILY WELLBEING FESTIVAL

MENTAL
HEALTH

NUTRITION

SPORTS

WORKSHOPS

SPECIALIST
ADVICE

WELLBEING
TIPS

REGISTER YOUR FREE TICKETS AT:
www.positivelyempoweredkids.co.uk



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Your Way

